



## Marine Wing Headquarters Squadron 1

# GAZETTE



1<sup>st</sup> Quarter 2007

1 January 2007

## MWHS-1 Deploys to UFL and More

**OKINAWA, Japan** – During the second half of calendar year (CY) 2006, MWHS-1 continued its role of providing command, administrative, supply, and logistical support for the 1st Marine Aircraft Wing Headquarters. Most notably, support was also provided to ULCHI FOCUS LENS 2006. In addition, annual training has allowed the squadron to maintain a high level of combat readiness. MWHS-1 is a fully functional combat ready unit and is prepared to accomplish its mission if called upon to do so.



Marines of MWHS-1 man their stations during UFL-06 in Korea

During the second half of 2006, the squadron conducted (6) C/S chambers, more than twenty-six (26) PFT's, (4) All Hands Training sessions, twelve (12) swim quals, monthly rifle and pistol ranges, and several squadron PME's in an effort to promote the required annual training and professional development. In addition to providing for training requirements, the S-3 also participated in MWHS-1's Change of Command on July 10, 2006.

In order to better support the individual sections' operational requirements, the S-3 section further implemented both centralized and decentralized training strategies to afford maximum flexibility in scheduling recurring, semi-annual training. S-3 was also responsible for coordinating the unit's Marine Corps Martial Arts Program (MCMAP). For a total of 329 MCMAP trained Marines, MWHS-1 has on hand 191 Tan, 96 Gray, 35 Green, 4 Brown, and 3 Black belts certified.

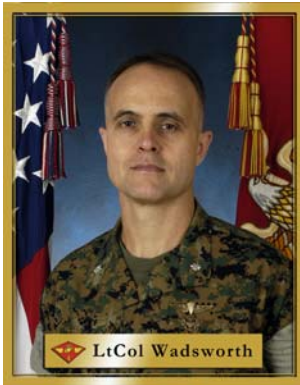
This quarter the MWHS-1 was able to send 9 Marines to supplemental schools, adding an increased state of professionalism and technical acumen to our unit. Congratulations to SSgt New and GySgt Deuto for completing Advanced Course and SSgt Lee for completing Career Course. Congratulations to the following graduates of Sergeants' Course: Sgt Adams, Sgt Hepworth, Sgt Lankford, Sgt Keely, Sgt Rodriguez, Sgt Taitano.

August found a majority of MWHS-1's Marines deployed to Pohang, South Korea in support of combined, joint training exercise Ulchi Focus Lens 2006 (UFL). UFL is an annual ROK-US combined forces military exercise designed to exercise, evaluate and improve crisis action measures and procedures for the combined war plans in the

defense of the Republic of Korea. UFL is the worlds largest computerized command and control exercise. For many of MWHS-1's Marines the exercise marked the first time they worked with Marines from another country. In addition to the exercise several MWHS-1 Marines found time to participate in numerous community relations events to include cleaning up the Hak-Gye-No-In Yo-Yang sanatorium, a facility for elderly citizens who suffer from dementia or physical disabilities. Painting and landscaping at the Pohang Rehabilitation Welfare Center. The center takes care of mentally and physically disabled people and also serves as a day care for disabled children. Marines also spent an afternoon playing with the children at Pohang Satbyul Children's Home.

Marines and sailors of the MWHS worked with the 3rd Marine Expeditionary Brigade donated more than 22,000 pounds of food, health care items, clothes, sporting goods, toys and nearly 400,000 pesos (\$8,000) to several communities of the Republic of the Philippines Dec. 13-19 as part of Operation Goodwill Delivery. Service members and their families on Okinawa created Operation Goodwill in 2003 to show appreciation to the children and families of the Philippines for welcoming them during annual bilateral exercises.

The Marines work each year with their families to gather donations and then deliver toys and supplies to Filipino children over the holiday season.

**From the Desk of the Commanding Officer:**

MWHS-1 Families,

I hope that each member of every MWHS-1 family had a terrific Christmas and that the New Year is starting out as a great one for all. I expect that 2007 will be a busy one for the entire organization and for each family member.

I appreciate the attendance of so many families at the Squadron Christmas Party held at the Foster Bowling Lanes. Functions like this provide an opportunity to cement the ties between co-workers and their families. It also provides a chance to meet some new friends. If you were unable to attend, you missed a good time. Cheer up though, for we will repeat the event again in December 2007.

Please take a moment to read through this entire newsletter. It has some great material – particularly the contact information. I recommend that you retain this newsletter as a ready reference should you need assistance.

Speaking of assistance, most of you probably know how capable the Key Volunteer Network is. If not, I recommend that you give your KV a call the next time you have a question or issue regarding services such as Tricare, USO, Navy Relief or nearly anything involving military life. Keep the contact information to your KV available. They are a dedicated & determined group of spouses who are here to help you. If you need assistance, or just a friendly voice on the phone, give your KV a call. They will either help you themselves or put you in-touch with the person who can.

I wish each of you a very Happy New Year and look forward to seeing you at the next squadron event.

S.F.

**LtCol Brett Wadsworth**  
Lieutenant Colonel, USMC

**A Message from the Key Volunteer Coordinator:**

MWHS-1,

Happy New Year to all! I hope you have all had a relaxing and enjoyable holiday season. I have the pleasure of being the new Key Volunteer Coordinator (KVC) for the MWHS-1. For those who may not know, the Key Volunteer Network (KVN) assists the command by developing a support and communications network within the unit and by establishing a focal point for information and referral to appropriate agencies. It is an essential communication tool during times of deployment. Although that is our primary focus the KVN provides support to unit functions such as Dinner in the Barracks the first Wednesday of each month as well as other unit functions like the Christmas party that was held in December (which from what I observed it was a success!).

As your KVC my goal is to get an updated and accurate roster. I know it can be done! The KV's may be calling you to verify or obtain information. I am asking for your assistance with this matter. Also, if you are a family that does not know your Key Volunteer (KV) or has not been contacted by a KV, I ask that you contact me and let me know. We need to keep the lines of communication working in order to achieve this goal.

Finally, we are always in need of Key Volunteers. As a KV you would provide the critical link between the Commanding Officer (CO) and the unit's families. If you want to be part of this team and get some insight on information before others do, please contact me.

I look forward to hearing from you, meeting you and working for you.

Respectfully,

**Dolores Ware, KVC**

[dalware@aol.com](mailto:dalware@aol.com)  
646-6118



## News you can use (and other items of interest)



**DoDEA Survey:** In the December 18, 2006 issue of Marine Corps Times, they posted an article regarding the customer satisfaction survey for parents, students, and teachers involved in Defense Department Schools. You can access this survey at [www.dodea.edu](http://www.dodea.edu) and Click the “2006 Customer Satisfaction Survey” icon. Remember to let your voice be heard!

### Are You Thinking About Adoption?



A new guide for military families thinking about adoption has been published and is free to military families by calling 888-200-4005 or it can be downloaded at [www.adoptuskids.org/images/resourceCenter/militaryGuide.pdf](http://www.adoptuskids.org/images/resourceCenter/militaryGuide.pdf). The guide is entitled “Answering the Call: Wherever My Family Is: That’s Home! Adoption Services for Military Families.”



**Stroller Strides-** If you are looking for a great way to get in shape, be with your child, and meet other mothers, Stroller Strides is the perfect class for you! Classes consist of power walking with body toning intervals and are suitable for all levels. All classes are taught by a certified instructor. Call 633-6184.



### Couple Communication-

Make your relationship last a lifetime by reducing disagreements and tension between you and your partner. Communicating effectively and learning conflict resolution with your partner is the key to a long happy relationship. Couples can learn all of this and more at Couple Communication offered through the Counseling & Advocacy Program. For more information contact 645-2915 or visit MCCS online at [www.mccsokinawa.com](http://www.mccsokinawa.com).



### Tax Season is upon us\$\$\$\$\$

LSSS will open their doors for tax advice and preparation starting 1 February. You can make an appointment or just walk-in. For questions regarding the 2006 tax year contact LSSS at 645-4829 or the MWHS-1 tax representative, GySgt White at 645-7720.



## PROMOTIONS



### July

Sgt Childress, David M.  
Sgt Clerico, Christopher C.  
Cpl Contreras, Josue D.  
LCpl Jarrell, Ben E.  
LCpl Baxter, Shamell A.  
LCpl Chandler, Earnest P.  
PFC Manivong, Saysavanh

### August

MSgt Boyd, Paulette J.  
SSgt Zimmerman, Aaron  
Cpl Yates, Kerry L.  
Cpl Parker, Joshua L.  
Cpl Weaver, Mark A.  
Cpl Fedele, Christopher, A.  
Cpl Hodges, Charles P.  
Cpl Sampson, John L.  
LCpl Phillips, Adrian S.  
LCpl Soles, Reid O.  
LCpl Roberts, Patrick R.  
LCpl Osborne, Michael E.  
LCpl Bahr, Jeremiah W.  
LCpl Gaines, Victor T.  
LCpl Weaver, Mark A.

### September

LtCol Shreman, Brett J.  
Maj Davidson, Arthur L.  
MSgt Cheeks, Jamal S.  
MSgt McChesney, Scott  
MSgt Beck, James L.  
Cpl Black, Dana M.  
Cpl Piepgrass, Benjamin  
LCpl Harlan, Justin J.  
LCpl Artis, Justin J.  
LCpl Thomas, Taurean C.  
PFC Terhune, Christopher

### October

LCpl Schoolfield, John  
Cpl Rosales, Juan  
PFC Ferrari, Matthew  
Cpl Smith, Joshua  
Cpl Millner, Nicole  
Cpl Cummings, Matthew  
LCpl Ash, Jesse  
LCpl Hayden, Jacob  
LCpl Martinez, Oscar

### November

Sgt Angers, Isaac  
LCpl Lagud, Lawrence  
Cpl Brown, Brittany  
Sgt Macnamara, Kevin  
LCpl Flathers, Adam

### December

PFC McCann, Michael  
LCpl Holden, Adam  
LCpl Weatherford, Samuel  
PFC Banks, William





## Spouse Spotlight



### Carol Hendon

Dinner in the Barracks (DIB), an event most of us are familiar with, could not be as successful without the leadership of Carol Hendon. Carol is the DIB coordinator for the MWHS-1.

Carol is from Cairo, Illinois but like most of us in the military has lived in many different places. She attended Edwardsville College in Illinois where she majored in Business Administration. Since September 1998, she has chosen to stay at home with her children Dominique and Daniel. She keeps busy as a Mary Kay consultant and by volunteering. She volunteers her time with the MWHS as a Key Volunteer, at her children's schools as a classroom

helper and at her church with the youth department and nursery.

Carol also enjoys cooking and takes pride in the fact that she cooks three meals a day for her family. As a cosmetic consultant she enjoys teaching others about skin care. She takes pride in helping others feel good about themselves. She believes in the phrase *if you look good, then you feel good* and wants others to feel good about themselves too.

Carol has been married to her husband and the Marine Corps for twelve years. However, it was at her last duty station that she really got involved. She became a KV and experienced first hand the rewards of helping other spouses. She continued with it when she arrived in Okinawa last year. Carol loves the lifestyle here. Here favorite thing to do is to go out and explore the island. She enjoys finding new places to eat and discovering new parks for her children to play at. She marvels at the beauty of Okinawa, the friendliness of the people and peacefulness of the environment. She encourages all that have the opportunity to be here to "embrace the experience; don't resist it and don't fear what is outside the gates." It is a wonderful opportunity to discover another culture and lifestyle.



## "JARHEAD" Jargon: (the language and traditions of the Corps)

**The President's Own:** Founded in 1798 by an Act of Congress, "The President's Own" United States Marine Band is America's oldest professional musical organization. Today, "The President's Own" is celebrated for its role at the White House and its dynamic public performances. "The President's Own" encompasses the United States Marine Band, Marine Chamber Orchestra, and Marine Chamber Ensembles, and performs regularly at the White House and for more than 500 public performances across the nation each year.

**Water Buffalo:** A large mobile water tank used for drinking water in a field environment

**Brown Bagger:** Married Marine who maintains a barracks room

**Moon Beam:** Flashlight

**Scuttlebutt:** Water fountain/gossip



## Points of Contact and Calendars:

### MWHS-1 Family Readiness

#### Commanding Officer

LtCol Brett A Wadsworth  
[brett.a.wadsworth@usmc.mil](mailto:brett.a.wadsworth@usmc.mil)

645-7602

#### Family Readiness Officer

Major Brian D. Simon  
[brian.d.simon@usmc.mil](mailto:brian.d.simon@usmc.mil)

645-0114

#### Key Volunteer Coordinator

Dolores Ware

#### Key Volunteer Advisor

Linda Watson

#### Command Post

Cathy Simon

#### G-1

Tammi Butts, Sharon Foster, Dianne Hull  
 Pamela Rodriguez

#### G-2

Lauren Dueto

#### G-3

Sarah Fawcett, Beth Wolf,  
 Ligia Sullivan

#### G-4

Connie Ramsey, Allana Tobias, Helen Skalniak  
 Cheryl Becker

#### G-6

Marci Breazile, Carol Hendon, Nancy McKnight

#### ALD

Esther Fowler, Ann Stebbins, Roy Wright

#### Chaplain

Nan Yi

#### Comptroller

Tonia Crusoe

#### DOSS

Milyn Ward

#### Wing Inspector

Waiting for you!

#### Staff Secretary/IMO

Loling Shaw, Rebecca Mathews, Susan Petersen

#### Staff Judge Advocate

Sonya Jump

#### Wing Surgeon

Sharon Titus

#### MWHS-1 Webpage:

<http://www.1maw.usmc.mil/index.asp?unit='MWHS-1'>



### Marine Wing Headquarters Squadron - 1

#### Jan

5	Operational Back in the Saddle	0730-1600	F. Theater
8	Operational Back in the Saddle	0730-1130	F. Theater
9	KV/FRR Meeting	1900	Bldg 5692
10	Dinner in the Barracks	1800 (drop off 1700)	

#### Feb

5	<b>All-Hands Training</b>	<b>0730-1130</b>	<b>F. Theater</b>
7	KV/FRR Meeting	1900	Bldg 5692
13	Dinner in the Barracks	1800 (drop off 1700)	

#### Mar

5	All-Hands Training	0730-1130	F. Theater
7	KV/FRR Meeting	1900	Bldg 5692
13	Dinner in the Barracks	1800 (drop off 1700)	



### Maine Corps Family Team Building (645-2841)



#### Jan

3-4	L.I.N.K.S.	0900-1330	Blg 5677 (F)
16-17	KV Basic	1800-2130	Blg 5677 (F)
18	KVC/FRO	0900-1530	Blg 5677 (F)
23-24	KV Basic	0900-1300	Blg 5677 (F)
30	Japanese Spouses Seminar	0900-1200	Blg 5677 (F)
31	KV Basic Refresher	0900-1300	Blg 5677 (F)

#### Feb

7-8	L.I.N.K.S.	0900-1330	Blg 4408 (C)
13-14	KV Basic	0900-1300	Blg 4408 (C)
22	KVC/FRO	0900-1530	Blg 5677 (F)
24	KV Basic	0900-1630	Blg 5677 (F)
27-1	Japanese Spouse Seminar	0900-1200	Blg 5677 (F)

#### Mar

7-8	L.I.N.K.S.	0900-1330	Blg 5677 (F)
13-14	KV Basic	0900-1300	Blg 5677 (F)
22	KVC/FRO	0900-1500	Blg 5677 (F)
19-20	KV Basic	1800-2130	Blg 4408 (C)
28	KV Resource	0900-1600	Chapel (F)

## MCCS Marine and Family Services Workshops January 2007



### First Time Home Buying Workshop

24 Jan	1130-1300	COURTNEY PSC
--------	-----------	--------------

### Federal Government Application Workshop

3 Jan	1300-1600	FOSTER PSC
18 Jan	1300-1600	HANSEN PSC
30 Jan	1300-1600	KINSER PSC



### Interviewing Skills Workshop

4 Jan	1300-1600	KINSER PSC
5 Jan	0900-1200	COURTNEY PSC
24 Jan	1300-1600	HANSEN PSC
25 Jan	1300-1600	SCHWAB PSC
31 Jan	1300-1600	FOSTER PSC

### Resume Writing Workshop

3 Jan	0900-1200	COURTNEY PSC
23 Jan	1300-1600	HANSEN PSC
24 Jan	1300-1600	SCHWAB PSC
30 Jan	1300-1600	FOSTER PSC



### Money Management Workshop

9 Jan	0800-1100	HANSEN PSC
10 Jan	0800-1100	FUTENMA ED CTR
17 Jan	0800-1100	KINSER PSC
24 Jan	0800-1100	COURTNEY PSC
30 Jan	0800-1100	FOSTER PSC
31 Jan	0800-1100	SCHWAB PSC

# Holiday Party 2006

